

Mingo County Annual Report | 2016

Putting Knowledge to Work!

West Virginia University Extension works to provide “solutions in your community” through key program areas including agriculture, environment and natural resources, 4-H youth development, food and nutrition, health and wellness, financial planning and home gardening. These research-based programs and services are available to all residents of Mingo County thanks to the tremendous support of our community members, local organizations, volunteers and local partners – the Board of Education and County Commission.

Highlights

Camp Director and 4-HYD Mark Whitt presented at the National Cyberbullying Conference in Orlando, Florida in February, 2015.

President Gee recognized the Mingo County ATV Safety Program at WVU-ES Annual Conference at Jackson’s Mill on November 9 & 10.

American Safety Institute ATV Rider Course education was presented at both Mingo County High Schools in which 118 students received their Department of Motor Vehicle certification.

4-H and Youth Development

In 2015, we celebrated 100 years of 4-H camping!

Mark Whitt facilitated the following:

- 69 youth and 16 adults attended Mingo County 4-H Camp.
- Three youth attended State 4-H Camp.
- Seven Active School 4-H Clubs involving 248 youth and 34 adults.
- Two Active Community 4-H Clubs involving 78 youth and 139 adults.
- 21st Century Career Fair involving 221 youth and 43 adults.
- Four Energy Express sites (123 youth volunteers, 73 adults, 309 kids and 46 jobs).
- ATV Safety Education (957 youth and 61 adults).
- First ever 4-H Scholarships were awarded to three Mingo County 4-H Teen Leaders to attain post-secondary education (2 Mingo Central students and 1 Tug Valley student).

Community, Economic and Workforce Development

– continued

- Bill Richardson wrote and received three grants totaling \$110,000 to support tourism development in Mingo and Logan counties.
- Bill Richardson is developing a new museum and micro-theater in Williamson, West Virginia.
- Bill Richardson is bringing hundreds of tourists into Mingo and Logan counties on motor coaches that add tens of thousands of dollars to the local economy.
- Bill Richardson is doing research to track the economic impact of heritage tourism in Mingo and Logan counties.

Families and Health

- 75% of participants in the Love Your Heart Program increased knowledge about heart disease. 75% of participants in Love Your Heart Program know the signs of heart disease after attending the program that Dana Wright taught.
- 82% of participants in the Rethink Your Drink program held during the Youth Education Program pledged to drink more water instead of sugar sweetened beverages.
- 71% of participants in the Strong Families Eat Together workshop indicated a positive behavior change of turning off the TV during dinner within two weeks of attending our program.
- 86% of participants in the Five Love Languages agreed that they learned something that they didn't know about expressing and receiving love with those that they care about. 86% of participants indicated an anticipated behavior change by using the skills learned in their personal relationships.

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, political beliefs, sexual orientation, national origin, and marital or family status. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Director, Cooperative Extension Service.

The WVU Board of Governors is the governing body of WVU. The Higher Education Policy Commission in West Virginia is responsible for developing, establishing, and overseeing the implementation of a public policy agenda for