

Wayne County Annual Report | 2016

Putting Knowledge to Work!

West Virginia University Extension works to provide “solutions in your community” through key program areas including agriculture, environment and natural resources, 4-H youth development, food and nutrition, health and wellness, financial planning and home gardening. These research-based programs and services are available to all residents of Wayne County thanks to the tremendous support of our community members, local organizations, volunteers and local partners – the Board of Education and County Commission.

Highlights

Lisa Bell, health educator, was awarded the 2015 Public Health Award at the Multi-State Family Nutrition Conference in Roanoke, Virginia in early May. Lisa was selected for this award from among her peers in West Virginia, Virginia and North Carolina, given her collaborative efforts with the Farm to School program and in providing nutrition programs to veterans, WIC recipients, and other adult audiences throughout the county.

Barb Trogdon, Nutrition Outreach instructor, reached 1,147 youth participants during 2014-15 reporting year. Notable impacts from Barb’s work include: 77.5% of youth improved their abilities to choose foods according to Federal Dietary Recommendations or gained knowledge, 34% of youth use safe food handling practices more often or gained knowledge and 28.5% of youth improved their physical activity practices or gained knowledge.

The Wayne County 4-H Heritage Quilt Trail added 18 barn/building quilts to the trail in 2015. This community service project is led by the Wayne County 4-H Ambassador Team, who gave a workshop presentation at the National Association of Extension 4-H Agents (NAE4-HA) annual conference in Portland. Four members of the team traveled to Portland to give this presentation. The team presented to over 20 4-H Extension Agents and professional across the country. WVU President E. Gordon Gee became familiar with the quilt trail during his visit to our office in June 2015. He commissioned the team to construct a 4ft. x 4ft. quilt for his condo in Columbus, Ohio. President Gee made a return trip to our office on Dec. 1 to thank the team for the quilt and to learn outcomes from the workshop presentation in Portland.

4-H and Youth Development

In 2015, we celebrated 100 years of 4-H camping!

- 305 were active members of a community 4-H club.

– continued

- 156 youth attended county 4-H camp.
- 36 attended a state 4-H camp (includes: Alpha I & II, Dance Weekend, Multi-Disciplinary Shooting Sports Camp, Young Adult Conference, and Teen Leader Weekend).
- An average of 20 youth participated daily in the Energy Express program at Crum.
- One 4-H youth attended National 4-H Congress in November (a first since 1969).
- 587 middle school youth received instruction in financial education via the Reality Store program.
- 228 elementary school youth received hands-on education in the field of STEM.
- 105 elementary school youth received financial education through the Moonjars program.
- Three national workshop presentations were given by the 4-H Extension Agent at the 2015 NAE4-HA Conference.

Agriculture and Natural Resources

- 400 youth received ag in the classroom lesson.
- 350 adults received agricultural programming (gardening, livestock, and pasture management).
- 156 soil tests involving 18,636 acres were performed.

Community, Economic and Workforce Development

- Three computer classes were held in the county to improve computer literacy.
- 200 youth and adults received training in leadership development and parliamentary procedures.
- CEWD Agent served on the WV HUBcap Team in Wayne County to help bring hiking trails to Beech Fork State Park.

Families and Health

- Family Nutrition Program – 1,147 youth participants during 2014-15 reporting year. Notable impacts from Barb’s work include:
 - 77.5% of youth improved their abilities to choose foods according to Federal Dietary Recommendations or gained knowledge.
 - 34% of youth use safe food handling practices more often or gained knowledge.
 - 28.5% of youth improved their physical activity practices or gained knowledge.
- Family Nutrition Program –38 adults graduated from the program during the 2014-15 year (note – Lisa Bell started in May and had several months of training before starting to teach).

– continued

- 83% of participants showed improvements in one or more food resource management practices (i.e. plan meals, compare prices, does not run out of food or uses grocery lists).
- 78% of participants showed improvement in one or more nutrition practice (i.e. plan meals, makes healthy food choices, prepares food without adding salt, reads nutrition labels or has children eat breakfast).
- 57% of participants showed improvements in one or more food safety practice (thawing and storing foods correctly).
- One Tobacco Prevention Barn was established in Wayne County, given leadership from the 4-H Agent & Program Assistant (see pictures to the right).
- A West Virginia Humanities Council Grant was secured that allowed the construction and placement of four Little Free Libraries to Wayne County this year. Little Free Libraries (<http://littlefreelibrary.org/>) help promote literacy and a love of reading in areas removed from public libraries and schools. The picture featured below is one Little Free Library that was installed near Kenova in December.



- continued

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, political beliefs, sexual orientation, national origin, and marital or family status. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Director, Cooperative Extension Service.

The WVU Board of Governors is the governing body of WVU. The Higher Education Policy Commission in West Virginia is responsible for developing, establishing, and overseeing the implementation of a public policy agenda for